



AMHS CONNECT

AUGUST '20

EDITOR'S SPEAK

"Live life as if everything is rigged in your favour."
- Rumi

These words by the great Sufi mystic Rumi are very inspiring in today's times, when everyone is struggling to strike a balance between hope and despair.

We, at AMHS are doing our bit, by bringing to you our very own newsletter, with a hope to connect with our friends, near and far. We are humbled by your overwhelming response to AMHS Connect, with more and more girls coming forward to contribute with their write ups.

In keeping with this spirit, we hosted our Annual event, the 6th Edition of the Alumni Idol, on Sunday, the 9th of August, this time on a virtual platform. The schools which took part are Park English School, Nopany High School, Our Lady Queen of the Missions, M. P. Birla, Lakshmipat Singhania Academy, St. Xavier's, La Martiniere, Frank Anthony Public School, Birla High School, Ashok Hall, South Point, Sushila Birla Girls School, St. Thomas, and Modern High School for Girls. The show was a resounding success, the winner being from La Martiniere for Girls and the runner up from M.P. Birla School.

I take this opportunity to wish everyone a very happy Independence Day...May your spirits rise like the Tricolour today!

Hoping to connect with you all through your articles about all the remarkable things that you do.

You can write to us at amhsconnect@gmail.com

Ritu Singhania
Batch of 1989



AFTER THE DARK NIGHT

I feel beautiful in my own skin when...
After a night of great turmoil,
I see the new day's iridescent light,
When after the eclipsed sun emerges
with a new force and divine might.
When I've struggles with a project and
I achieve the pinnacle of success finally,
When relationships were wavering up
and down,
now they bloom like a flower
magnificently,
when the goals I have been working
for,
the results flow to me easily and
effortlessly, when the fame I was
craving for lands on my golden tiara
magically.

When with the strongest divine
magnetism, energy and pull, my
daughter finds the love of her life as a
fairytale so unbelievably beautiful.

When the path of my life traverses up after a long
period of plummeting down,
When my consciousness and vibration rises
and travels up to the crown.

When the darkness and lack of my life transforms
And reaches an unbelievable height,
When average and ordinary circumstances
Scale up to merge with the divine light.

When the never ending cacophony and din die
down to ethereal silence and peace,

When the rocks and boulders within me become as soft as fleece.
When after spending each moment like a jagged
charcoal my entire lifetime,

He shines and polishes me into a sparkling diamond so pristine.

When my relationships are not merely of body and mind,
but where a sublime and magical awe and wonderment I find.

When I cross the wide chasms and tunnels of disappointment and
despair, and after emerging from them I feel the caressing breath of
fresh air.

To become an instrument of His vision, to God I fervently pray, when I
tenderly hold hands of others and guide them on the way.

When my search for truth and God come to a restful slumber and end
when my life is completely surrendered and in the ocean of
His love I blend!



Babita Kejriwal
(nee Saraf)
Batch of 1983

A writer, blogger
and poet who has
won many writing
competitions and
awards. She is also
a spiritual healer

ALUMNI IDOL

Music expresses that which cannot be said, and on which it is impossible to be silent!

We are thrilled to share with you'll, the extremely fulfilling success of Alumni Idol Season 6 which was hosted by us on a virtual platform.

Kudos to our team comprising of -

Varsha Seth who is not only the brain behind forming the rules and regulations but looks into every other detail as well.

Shailja Mundra who very willingly agreed to give this format a try and coordinated with our esteemed judges.

Sunita Bagree and Ritu Singhania who were taking in the participants' songs and reverting to them, ensuring deadlines etc.

Kritika Bagaria who did a fantastic job at MCing.

Harshita Goenka who gave a face to the event with her brilliant graphic designing.

Sushma Nevatia who helped in smooth coordination of all the aspects of the event.

Not to mention that each member of this team showed full commitment in taking out time from their busy schedule, in order to ensure the success of the event.

The superlative singing accompanied by a very enthusiastic and participative audience from all across the globe, gave a truly rewarding applause to this endeavour by AMHS. Rising up to face each situation and try doing it to our best is what we learnt from our Alma Mater and is exactly what we did with Alumni Idol during these times.

We are very grateful towards our judges Sourendro and Soumyojit. Bhavna Hemani provided us with technical assistance ensuring a smooth steaming on Facebook.

Thank you for tuning in and we look forward to reaching newer heights with more active participation from our Alumni Members.

You can watch it anytime and anywhere on our YouTube Channel



HAVE YOU REGISTERED?

Alumni Idol

LAST DATE TO REGISTER
20th July, 2020

CONTACT:
Sunita Bagree
9831077331
Ritu Singhania
9830249817

To be conducted on a virtual platform

SEASON 6
9TH AUGUST

 @AMHS



Alumni Idol

FINALISTS

NAMRATA NATARAJAN
Alumni of La Martiniere for Girls

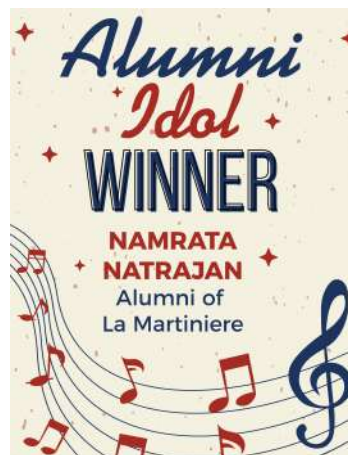
CHRISTINA GOMES
Alumni of QMS Park Circus

SAMADRITA CHOWDHURI
Alumni of South Point High School

SUDESHNA BHATTACHARYA
Alumni of MHS for Girls

ROHIT KHATUA
Alumni of BHS for Boys

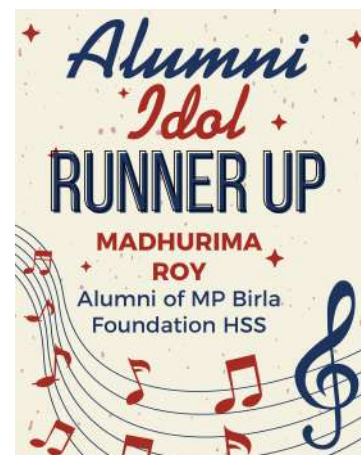
MADHURIMA ROY
Alumni of MP Birla Foundation HSS



Alumni Idol

WINNER

NAMRATA NATARAJAN
Alumni of La Martiniere



Alumni Idol

RUNNER UP

MADHURIMA ROY
Alumni of MP Birla Foundation HSS

TEAM MEMBERS



Harshita Goenka
Batch of 2010



Kritika Bagaria
Batch of 2010



Ritu Singhania
Batch of 1989



Shailja Mundra
Batch of 1986



Sunita Bagree
Batch of 1988



Sushma Nevatia
Batch of 1989



Varsha Sheth
Batch of 1982

THE GOAT POST: GALLERY OF ALL THINGS

They both come from fashion backgrounds and often spoke about the difference in dressing and thinking patterns of different places and compared and analysed the reasons behind.

While so much design talent came from their own city, Kolkata, they felt that much remains to be evolved in terms of awareness, availability, experimentation and conviction in the dressing patterns here. However the style quotient of the people anywhere is always updated from inputs from across cities. The Goat Post shares their views and observations about lifestyles of different people and their choices across the world.

'Believing in your own style and working on a personal look conveys a fashion Zen which reflects your rich heritage, an inclusive lifestyle and proactive thought.' The 'Style or Fashion Zen' that the Goats often speak about, rises from a conviction that is not found by emulating others.

While they felt that people in India are balancing their style acts quite well a push was required from a source which is meaningful, creative and well researched, so that people across the world may share each other's fashion inputs, trends and heritage with a new conviction.

Founded in 2017 www.thegoatpost.com is well received by like-minded people, where Nilima and Rashmi consistently post their experiences and influence the readers in an organic and responsible manner.

Please join their journey and find new and exciting updates in this 'Gallery of All Things'. Yes this is what GOAT stands for!



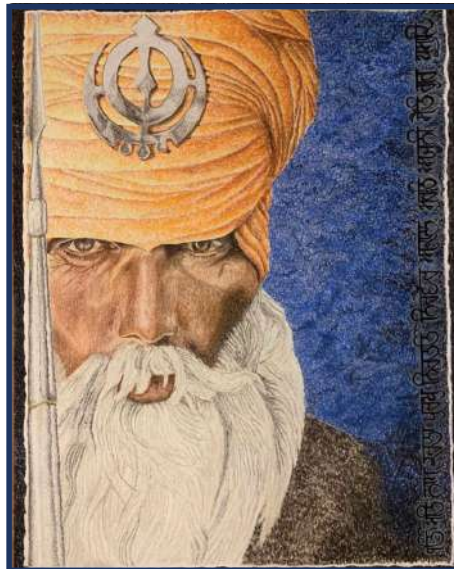
Rashmi Maskara Chowdhary
Batch of 1987

A graduate in English from Loreto College Kolkata. She went on to study Fashion Design from National Institute of Fashion Technology, Delhi in 1989. Always passionate about heritage and craft she taught fashion with a passion to her students all the while learning from every moment of her teaching life. As time passed she realised that "the missing element of fashion is conviction and integrity of design and the solution is work backwards from the customer to the designer." It was then she teamed with school mate Nilima to form The Goat Post



Nilima Kakrania Mitter
Batch of 1987

Graduated in economics from St Xaviers college, Kolkata and then went on to study pattern making at London college of fashion and since has been involved with various fashion related subjects and specially designing jewellery with a difference, sustainable jewellery. She taught pattern making at Nift Kolkata at a time when Indian fashion and designers were coming of age to evolve into influencers beyond India. She continues to be a special lecturer at Nift Kolkata.



Artist Shivani Modi
Batch of 1992, Madhyamik

The Nihang warriors are considered to be the protectors of the Sikh faith. I find the Khanda to be a beautiful representation of the faith, seen on the turban. Also the first two lines of the Gurbani written in Gurmukhi set the tone for the Gurbani which is meant to be inclusive of all religions and it's people. Coloured pencil on paper 26"x19"



ALUMNI OF MHS MEMBERSHIP DETAILS

Price: Rs 4500 (for life membership)

Website: <https://mhsalumni.in>

For queries, contact:

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FROM MY VERANDAH

Supriya Newar
Year of 1994

Vendors shout maaaach, sobjiii, fol.....
Our days start ritually with their full throated call.
A mini van makes determined rounds,
Fitted with loudspeakers belting out alarm sounds,

A symphony of pressure of cookers hiss around noon,
Promising comforting meals to be had together soon.
Milkmen race through empty streets, soon even sing,
Others their faces wrapped, cycle bells they ring.

The elusive koyal can be now heard all day long!
Has nay maestro come close to its gift, its song?
Feathered beauties seem to animatedly chirp and chatter,
Perhaps discussing what on earth might be the matter!

The rustle of dried leaves as they're swept by a breeze,
The roar of thunder followed by wildly dancing trees!
Unintelligible voices from the pasher baadi,
An odd rickshawala, bus and gaadi.

Conches blown every evening to drive out evil,
'Main samay hoon' from Mahabharat streaming from
channels,
Perched in my verandah for hours, without a sound shrill,
Every note resonates in a world so magically still.



Supriya Newar is a proud ex-student of Modern High School. She has had a noteworthy career in brand and corporate communications and is a sensitive poet and writer. Her last book, 'Kalkatta Chronicles' drew wide applause and is available on Amazon Kindle.



Book reading session held at MHS in 2019 at the school shed. It was a lovely session where girls and teachers of Class X1 & X11 were present. Ended with an interactive Q&A session. The girls gave very good feedback post the session.

IMAGES AND LEGACY
PRESENT



Jaane Kaha Gaye Woh Din

AN INTERACTION WITH

SUPRIYA NEWAR
MHS ALUMNA AND
AUTHOR OF

KALKATTA CHRONICLES
REAR-VIEW REFLECTIONS

Date: 24th July, 2019
Time: 3:00pm to 3:45pm
Venue: Shed

Designed by: GraphicsQue - 9874891891
Harshita Goenka (Batch of 2010)